

RECREATIONAL GYMNASTICS

AGES WALKING-3

PLAY DATES 50 MIN \$126/MONTH

Monday 9:30am, 10:30am
Tuesday 9:00am, 10:00am
Wednesday 9:00am, 10:00am
Thursday 9:00am, 10:00am, 4:30pm
Friday 9:30am, 10:30am, 4:30pm
Saturday 9:00am, 10:00am

AGES 3-5

GROMMETS 50 MIN \$126/MONTH

Monday 9:30am, 10:30am, 4:30pm, 5:30pm
Tuesday 9:00am, 10:00am, 4:30pm, 5:30pm
Wednesday 9:00am, 10:00am, 4:30pm
Thursday 9:00am, 10:00am, 4:30pm, 5:30pm
Friday 9:30am, 10:30am, 5:30pm
Saturday 9:00am, 10:00am, 1:00pm

AGES 5-6

HANG FIVE 60 MIN \$158/MONTH

Monday 4:30pm, 6:30pm
Tuesday 4:30pm
Wednesday 5:30pm, 6:30pm
Thursday 5:30pm, 6:30pm
Friday 6:30pm
Saturday 11:00am

PARKOUR

AGES 3-5

GYMNINJA

50 MIN \$126/MONTH

Monday 11:30am
Tuesday 11:00am, 4:30pm
Wednesday 11:00am
Thursday 11:00am, 4:30pm
Friday 11:30am, 4:30pm
Saturday 9:00am, 10:00am, 12:00pm

AGES 5-6

GYMWARRIOR

60 MIN \$158/MONTH

Monday 4:30pm
Tuesday 5:30pm
Friday 5:30pm
Saturday 11:00am, 12:00pm

AGES 6+

BEGINNING

60 MIN \$158/MONTH

Monday 5:30pm
Tuesday 6:30pm
Wednesday 4:30pm, 5:30pm
Thursday 4:30pm, 5:30pm
Friday 4:30pm, 5:30pm
Saturday 11:00am, 12:00pm

AGES 6+

LEVEL 1 60 MIN \$158/MONTH

Monday 5:30pm, 6:30pm
Tuesday 4:30pm, 5:30pm
Wednesday 4:30pm, 5:30pm
Thursday 5:30pm, 6:30pm
Friday 4:30pm
Saturday 10:00am, 11:15am, 12:15pm

LEVEL 2 90 MIN \$218/MONTH

Tuesday 6:30pm
Wednesday 6:30pm
Friday 5:30pm

LEVEL 3 120 MIN \$273/MONTH

Coming soon!

LEVEL 4 120 MIN \$273/MONTH

Coming Soon!

VERY INCLUSIVE PROGRAM

Saturday 12:30pm

AGES 9+

LEVEL 1 60 MIN \$158/MONTH

Tuesday 6:30pm
Friday 6:30pm

COMPETITIVE TEAMS

INVITE ONLY

PRE-TEAM HOT SHOTS

Coming soon! Contact us for more information.

PRE-TEAM STARS

Coming soon! Contact us for more information.

XCEL TEAM GOLD/ PLATINUM

Coming soon! Contact us for more information.

XCEL TEAM SILVER

Coming soon! Contact us for more information.

XCEL TEAM BRONZE

Coming soon! Contact us for more information.

DEMO TEAMS

Coming soon! Contact us for more information.

PARKOUR TEAM

Coming soon! Contact us for more information.

TUMBLING

AGES 6+

BEGINNING 60 MIN \$158/MONTH

Tuesday 5:30pm
Thursday 6:30pm

INTERMEDIATE/ ADVANCED

90 MIN \$218/MONTH

Tuesday 6:30pm

ENROLL NOW!

DOWNLOAD

Download our App to book classes, camps, open gym & more right at your fingertips!



INTERMEDIATE

60 MIN \$158/MONTH

Monday 5:30pm
Thursday 6:30pm
Friday 6:30pm

ADVANCED

90 MIN \$218/MONTH

Wednesday 6:30pm

CAMPS & EVENTS

CAMPS

WHEN SCHOOL IS OUT, CAMP IS IN!
PRICING & MORE INFORMATION ONLINE

OPEN GYM

Monday-Friday (ALL Ages)
12:00-1:00PM
Saturday (5+ Only)
1:30-2:30PM
Thursday (5+ Only)
7:00pm-8:00pm
PRICING & MORE INFORMATION ONLINE

PARTIES & PRIVATE GYM RENTALS

90 MINUTE PRIVATE EVENTS
OFFERED ON SAT/ SUN
PRICING & MORE INFORMATION ONLINE

KIDS NIGHT OUT

OFFERED THE 2ND FRIDAY OF EVERY MONTH
PRICING & MORE INFORMATION ONLINE